

Pictured from left at the West Cork Taekwondo Championships at the weekend are Galway taekwondo stars Damien Saternus (who won second place sparring) and on the right, Evan Liu (second place in patterns and third place sparring). Both train under yaekwondo instructor Shane Fitzgibbon (ITF World Champion 2007) in Ballybrit and Oranmore. In the centre is their supporter Daniel Liu.